biology

THE CORE

ERIC J. SIMON

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biology

THE CORE

ERIC J. SIMON

New England College

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66 I dedicate this who form the book to those who form the core of my life: Amanda, a partner of unwavering patience and kindness, and my boys Reed and Forest. ******

Preface

To the Student,

Being a college student today means juggling many priorities: work, school, extracurricular activities, family. I imagine that, if you're reading this book, you are enrolled in your first college science course, and it may be the only one you'll ever take. When it seems like there are so many priorities all competing for your attention, you may be unsure about how to fit studying biology into your busy life. Good news: This book is written specifically for you!

Over the years, I've observed my own students strive to succeed in their biology course in as efficient a manner as possible. *Biology: The Core* has been designed from the ground up to help you study effectively and succeed. Only the most important and relevant information—the core of biology content—is included. Biological concepts are displayed in highly visual and approachable two-page modules that guide you along a clear learning path, allowing your study time to be as efficient and effective as possible.

You might also be wondering how this course—and biology generally—applies to your own life. Luckily, this is easy to address, since issues like nutrition, cancer, reproductive health, and exercise physiology directly affect you and those you love. *The Core* is paired with a robust online library, *MasteringBiology*, that contains videos, current events, and interactive tutorials that help you draw connections between the course material and the world around you. Questions you might have about many topics will be addressed in this online complement to your textbook.

I hope that *Biology: The Core* meshes with your goals and your priorities, acting as a helpful guide for this course and addressing questions you run into in your broader life. Please feel free to drop me a line to tell me about your experience with *Biology: The Core* or to provide feedback regarding the text or online resources. Best wishes for a successful semester—and enjoy the big adventure of biology! It's not only in the pages of this book, but all around you.

ERIC J. SIMON, Ph.D.

SimonBiology@gmail.com

To the Instructor,

In a world with so many options for non-major biology textbooks, why write a new one? The answer is simple: today's students. We've all watched our non-science-major students struggle with the depth of material and relating biology to their lives. Which concepts do non-science students *need to know* in order to understand the relevance of biology? If we pare down the content and focus on the most important take-home lessons—the information that we hope students will remember 10 years after graduation—what remains is the core: a set of essential biological concepts that presents the big picture, providing students with a scientific basis for the issues they will confront throughout their lives.

Biology: The Core is a new kind of textbook, one that presents information in small chunks using a nonlinear, engaging, visual style. The book contains only the most essential content for each topic. All information is presented in stand-alone two-page modules that fully integrate narrative and art into a single teaching tool. Each module is complete with a topic statement, introductory paragraph, all text and graphics needed to explain the topic, a summary, and a self-quiz. In addition to a consistent pedagogical structure, each module is designed to stand on its own. Modules can be read in any order, allowing you the flexibility to assign topics in whatever sequence best suits your course.

The printed text is paired with *MasteringBiology*, an online tutorial platform that allows you to reinforce the book content and expand on the basic concepts presented in each module as needed. The activities and resources in *MasteringBiology* also offer you the flexibility to incorporate a wide variety of applications and current issues into your teaching. Unlimited by the particular set of examples printed in a static textbook, a rich collection of online resources—including Current Topic PowerPoint presentations, news videos from ABC News and the BBC, *New York Times* articles, and interactive tutorials—enables you to connect the core content to interesting, relevant, and timely applications and issues that are important to you and your students.

I hope that the aims of *Biology: The Core* resonate with the teaching and learning goals of your non-major introductory biology course. Feel free to drop me a line to tell me about your course and your students, to provide feedback regarding the text or the online resources, or just to chat about the non-major course in general—it's my favorite topic of conversation!

Best wishes for a successful semester,

ERIC J. SIMON, Ph.D.

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A New Biology Learning Program Built for Today's Students

A brief textbook focused on only the **core** content that students need to learn for a nonmajors course.

Life can be studied at many levels

The study of life encompasses a very broad range of scales, from the microscopic world of cells to the vast scope of Earth's ecosystems. This figure summarizes some of the levels at which biologists study life on Earth, starting at the upper end of the scale.

THE LEVELS OF BIOLOGICAL ORGANIZATION

BIOSPHERE The biosphere consists of all life on Earth and all of the environments that support life, from the deepest ocean to high in the atmosphere.

> ECOSYSTEM An ecosystem includes all the living organisms in one particular area (such as this African savannah) as well as the nonliving components that affect life, such as soil, air, and sunlight.

> > COMMUNITY A community consists of all the interacting populations of organisms occupying an ecosystem. This community includes plants, animals, and even microscopic omanisms

ORGANISM An organism is an individual living being, such as one African savannah elephant (Loxodonta africana).



POPULATION A population is a group of interacting individuals of one species, such as the African savannah elephants shown here.

MasteringBiology®

is an online homework and tutoring system that delivers self-paced activities designed to help students arrive to class prepared. Instructors can efficiently maximize class time with easy-to-assign and automatically graded assessments.



For Instructors

A Modern Teaching Program Supports Innovation and Active Learning



MasteringBiology[®] offers:

- Interactive online activities to help students apply and relate biological concepts to real life.
- Unique teaching materials and resources to assist instructors in preparing an innovative and effective course.

See the Big Picture

Biology: The Core is designed to help you efficiently learn the material and see the big picture. Begin studying each **concise module** by reading the **concept statement** which summarizes the key biological concept presented below.

Next, the narrative introduces you to the key concept. The prose in each module is brief and works together with the illustrations to convey only the most core information so you never get lost in a sea of details.



▼ Then, read through each module looking at both the text and the illustrations. Figures and narrative work together to convey concepts and help you understand the material. Everything you need to study a core concept is at your fingertips.

MasteringBiology[®]

Guided Video Tours walk you through key concepts in each module and let you check your understanding of the core ideas.



▲ Review the **core idea** with a summary of the module to reinforce what you just learned.

Dynamic Visuals Explain Each Concept

STRUCTURE OF CHLOROPLASTS

CHLOROPLAST

MEMBR

THYLAKOI

Vibrant illustrations take center stage with narrative integrated seamlessly to help you learn each concept. You never have to flip back and forth between pages or between text and visuals to grasp a concept.



A - Two stages of photosynthesis rag the labels onto the diagram to	identify the inputs and outputs of the two stages of photosynthesis. Use only pink labe	ds for pin
Lupit Rections	ADP +P MADP	



MasteringBiology[®] Brings Concepts to Life

MasteringBiology[®] is designed to help you practice the course concepts and apply them to current topics. Interactive activities and individualized coaching help you arrive to class prepared and offer study tools for you to use wherever you are!



Video Tutor Sessions and MP3 Tutor Sessions. Get help with key concepts with on-the-go tutorials hosted by author Eric Simon. Each video or audio session will help you build on the basic knowledge presented in your textbook.

Eric Simon's Video Tutor Sessions include:

- DNA Profiling
- Phylogenetic Trees
- DNA Structure

Mitosis vs. Meiosis

- Sex-Linked Pedigrees
- Survey of Biodiversity

Interpreting Data and You Decide activities.

Receive coaching on how to analyze data and graphs, and learn how you can use data to make informed decisions in everyday life.







Teach the Course Your Way

Flexible and innovative instructor resources make it easy to prepare engaging classes that hook students into learning about biology-related topics such as agriculture, athletic cheating, cancer, food & nutrition, global climate change, evolution, and more.



Design high interest lectures and save time. Each application is assembled into a learning unit to support instructors with a detailed topic guide developed by author Eric Simon, along with a customizable PowerPoint Lecture Presentation and a related MasteringBiology® Current Topic pre-built assignment.

Share ideas for easy to use in-class activities with The Instructor Exchange. This resource offers active lecture options for classes of any size and can be accessed through MasteringBiology[®].

Flexible Resources Support Your Course Goals

Assign just the right amount of content with self-contained modules that cover only the core concepts you need to support your course syllabus and teaching goals.



Jump between topics with ease. The modular organization of the textbook gives you the freedom to teach concepts in your preferred order throughout the course and helps your students maximize their study time with modules that cover just what they need to know.



▲ Encourage Active Reading with Guided reading activities to help students navigate the text and allow them to practice their understanding of every module. Ensure your students arrive to class prepared. Assign automatically graded activities, animations, and reading quizzes in MasteringBiology[®] to encourage students to practice basic biological concepts outside of class.



For Instructors **>** How to Use MasteringBiology[®]

Evaluate Student Understanding and Boost Success

Help students practice foundational biology principles outside of class and ensure they arrive to lecture prepared. MasteringBiology[®] activities allow students to assess their understanding and receive personalized feedback designed to help them grasp key concepts.



Provide students with personalized wrong-answer feedback

by assigning coaching activities in MasteringBiology®.

Try Again

You labeled 3 of 6 targets incorrectly. For target (f), what term describes this photographic inventory of a complete set of chromosomes from one cell? This one shows all 46 chromosomes in a human somatic cell.

Learning Catalytics is a "bring your own device" student engagement and assessment educational tool, allowing you to actively engage each student during lecture and access rich data to assess student understanding. Students can use any web-enabled device and instructors can create their own assessment items or select from an existing set of items.





 Learn what your students do and don't understand before class using one-click diagnostics, so that you can make the most of valuable time in class.

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provides easy-to-interpret insight into student performance. Every assignment is automatically graded and shades of red highlight challenging assignments.

Biology 10	1 (MNHYU78 Course Setting	1972) I <u>s</u> I <u>Vie</u> s	v as Studen	i													
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lass Average		91.5	97.3	95.5	63.6	89.5	90.3	87.1	91.8	83.3	86.2	89.4	77.5	72.3	78.8	. 81	81.3
Aitchell, Doug	0	88.3	69.0	98.9	61.9	104	102	91.4	85.0	100	95.0	99.7	64.9	0.0	103	^	73.3
arsen, Melanie	-0	101	100	96.6	83.3	102	99.9	0.0	95.8	101	100	0.0	87.4	0.0	104		82.1
homas, Dylan	0	98.8	104	96.9	64.3	103	0.0	88.9	100	75.8	100	86.3	77.8	102	50.0		71.1
aulson, Madison	0	59.9	65.3	87.5	0.0	102	97.5	83.6	95.0	88.4	95.0	93.2	65.1	94.2	52.3		72.2
havez, Matthew		84.4	97.3	93.8	92.9	98,0	49.5	72.9	72.9	47.5	80.08	86.9	36.3	104	39.5		78.1
atel, Indira		101	106	98.9	68.5	97.7	100	96.1	100	99.2	100	89.0	75.3	77.7	88.3		90.3
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Answer Stats:	Students	% Correct	% Unfinished	% Req'd Solution	Wrong/student	Hints/student
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	_	C		- 1		
This Course (MBDEMOGRADES)	25	100%	0%	0%	0.5	0
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 Learn which topics are challenging for your students and compare your class data to the national average.

Acknowledgments

After five years of working on *Biology: The Core*, there are many people to thank and acknowledge for their contributions. One of the most gratifying aspects of writing a book is the opportunity it presents to interact with so many skilled professionals at Pearson Education and so many talented biology colleagues from around the country. While any problems or mistakes within this book or related to it are solely my responsibility, the successful aspects are due to the efforts of dozens of people.

A few people deserve special mention for their deep contributions; these people form the core of *The Core*. First and foremost is Nora Lally-Graves—Developmental Editor, Project Manager, and all-around problem-solver—whose passion for communicating undergraduate science can be seen on literally every page of this book. Chalon Bridges used her unbounded positivity, unbridled enthusiasm, and a deep empathy toward students and teachers to help launch this project, leaving strong echoes of her talents even after she moved on to pursue other opportunities. Alison Rodal, as Acquisitions Editor, worked with me and the rest of the team nearly every day, bringing a broad array of talents to bear on this project.

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I love my editors! All members of the Pearson editorial team bring decades of experience and talent to every project they take on. Developmental editors Mary Ann Murray and Evelyn Dahlgren provided eagle-eyed editorial help during the late stages of the book. For saving me from countless embarrassments large and small, I thank Copyeditor Lorretta Palagi and Editorial Proofreader Julie Lewis. Thank you to Indexer Robert Swanson for making the book much more user-friendly (see "Indexer, gratitude for"). Anna Amato, Program Manager, stepped in during the later stages of production to aid in ushering this text to publication.

If you like the look of this book—the layout, photographs, and graphics—then you can thank the amazing design team at DK Publishing (Dorling Kindersley). This team was a key part of *The Core* from literally the first day. Stuart Jackman and Sophie Mitchell helped manage the London-based crew and kindly turned their keen senses of style to this project. Anthony Limerick designed every spread in *The Core* and is therefore the one person most responsible for its beautiful look.

Once the text was written and the art developed, the production team took over, turning countless individual scraps of information into a coherent book. Led by Senior Project Manager Shannon Tozier, this group graciously implemented ideas, turning them into the reality of the book you see before you. For this we thank Production Project Manager Michael Penne, Managing Editor Michael Early, photo researcher Kristin Piljay of Wanderlust Photos, Pearson Image Lead Donna Kalal, and permissions specialist Michael Farmer. Thank you also to Amanda Waldo for her assistance in compiling the art manuscript and glossary. Jon Ballard began media production, and Daniel Ross capably continued that effort. I thank Yvo Riezebos for his design of the book cover, and Design Manager Marilyn Perry for her help in producing it. Roxanne Klaas at S4Carlisle provided expert composition, and Kristina Seymour, Heidi Richter, Megan Stewart, and Jan Troutt of Precision Graphics lent their talents to art development and art creation. Some of the truly special three-dimensional art in the book was developed by Martin Hale, Terri Hamer, and Craig Vrankovich of Animated Biomedical Productions Studio—thank you all for your special artistic contributions!

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In closing, I beg forgiveness from those who lent their unique talents to this book but who I failed to mention—I hope you will forgive my oversight and know that you have earned my gratitude.

With deepest, sincerest, and humblest thanks and respect to all who contributed their talents to *Biology: The Core*,

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An Introduction to the Science of Life

1.1	All living organisms share certain properties
1.2	Life can be studied at many levels
1.3	Scientists use well-established methods to investigate the natural world
1.4	Cells, the fundamental units of life, contain DNA
1.5	All organisms interact with their ecosystems
1.6	Biologists organize species into groups
1.7	Evolution by natural selection is biology's unifying theme
1.8	Evolution affects our daily lives





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- 3.1 Cells are the fundamental units of life
- 3.2 Plant and animal cells have common and unique structures
- 3.3 Membranes are made from two layers of lipids
- 3.4 Membranes regulate the passage of materials
- **3.5** The nucleus houses DNA packaged as chromosomes
- **3.6** Several organelles participate in the production of proteins
- 3.7 Chloroplasts and mitochondria provide energy to the cell
- 3.8 Other organelles provide cell shape, movement, storage, and recycling





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- 12.9 Food webs describe multiple trophic structures
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All living organisms share certain properties

Biology is the scientific study of life. While the definition of biology is very straightforward, it does raise some important questions. Perhaps the most obvious is: What is life? How do we distinguish living organisms from nonliving matter? How do we know that an elephant is alive, but a boulder is not? Biologists recognize life through a series of characteristics shared by all living things. We define life through the properties that living things display. An object is alive if and only if it displays all of these properties simultaneously.

REPRODUCTIO

oduce

THE PROPERTIES OF LIFE



GROWTH AND DEVELOPMENT Information carried by genes controls the pattern of growth in all organisms. For example, ma tusks as they age

elephants grow



ENERGY USE

Every organism takes in energy, converts it to useful forms, and expels energy. This elephant is taking in energy by eating a plant. It can use that energy to move. It also releases energy as heat.



The state

ORDER Each living thing has a complex but well-ordered structure, as seen in the elephant's eye.

A VIRUS IS NOT ALIVE

We know that a virus is not alive because it does not display all of the properties of life. For example, a virus is not composed of cells, and it cannot reproduce on its own. While nonliving matter may display some of life's properties (a virus has order, for example), it never displays all of life's properties simultaneously.





CELLS All living organisms consist of cells. Some living organisms have just one cell, but others (such as an elephant) have trillions.



RESPONSE TO THE ENVIRONMENT

All organisms respond to changes in the environment. Many of these responses help to keep an organism's internal environment within narrow limits even when the external environment changes a lot. This elephant is responding to the heat of the day by taking a bath, which helps keep its body temperature steady.

EVOLUTION

Individuals with traits that help them survive and reproduce pass the genes for those traits to offspring. Over many generations, such adaptations drive the evolution of populations. For example, modern elephants and woolly mammoths evolved from a common ancestor species that lived until about 5 million years ago.



CORE QUESTION: Which properties of life does a car display? Which does it not?

ABAWER: A car uses energy, is ordered, and responds to the environment. A car does not reproduce, grow or develop, or evolve, and a car is not made of cells.

CORE IDEA: Biology is the scientific study of life. All living things display a shared set of characteristics. Nonliving matter never displays all of these characteristics of life simultaneously.

Life can be studied at many levels

The study of life encompasses a very broad range of scales, from the microscopic world of cells to the vast scope of Earth's ecosystems. This figure summarizes some of the levels at which biologists study life on Earth, starting at the upper end of the scale.

THE LEVELS OF BIOLOGICAL ORGANIZATION



BIOSPHERE The **biosphere** consists of all life on Earth and all of the environments that support life, from the deepest oceans

to high in the atmosphere.

ECOSYSTEM

An ecosystem includes all the living organisms in one particular area (such as this African savannah) as well as the nonliving components that affect life, such as soil, air, and sunlight.

COMMUNITY

of all the interacting populations of organisms occupying an ecosystem. This community includes plants, animals, and even microscopic organisms.

ORGANISM

An organism is an individual living being, such as one African savannah elephant (Loxodonta africana).

POPULATION

A population is a group of interacting individuals of one species, such as the African savannah elephants shown here.



A community consists

• -



ORGAN SYSTEM

An **organ system** is a group of organs

that work together

to perform a vital

example, the

wastes.

body function. For

circulatory system of this elephant transports needed materials and also

ORGAN

An **organ** consists of multiple tissues that cooperate to perform a specific task. The elephant's heart, for example, pumps blood through the circulatory system.

HEART AND

CIRCULATORY

SYSTEM



TISSUE

A **tissue** is an integrated group of similar cells that work together to perform a specific function. This microscopic image shows a section of cardiac epithelial tissue, which lines the heart, allowing blood to flow freely over the surface.

Epithelial cell



(an organelle)

ORGANELLE An **organelle** is a component

of the cell that performs a specific function. An epithelial cell's nucleus, for example, houses the DNA.

CELL The cell is the fundamental unit of life. Nothing smaller than a cell is capable of having all of life's properties. All life consists of one or

more cells.



MOLECULE

A **molecule** is a group of atoms bonded together. Here, you see a computer-generated image of DNA, a molecule essential to all life on Earth. In this image, each atom is represented as a ball.



An **atom** is the fundamental unit of matter; it is the smallest unit of an element capable of displaying the properties of that element. Atoms themselves are made up of even smaller units called subatomic particles.

CORE IDEA: Life can be studied on a hierarchy of levels from the very large to the very small. Biologists study life at all levels of scale.

Subatomic particles -

CORE QUESTION: Which level of life's organization is the smallest one that can be considered alive?

Allong the smallest unit that is capable of the smallest unit that is capable of the service.

Some organisms on Earth have just one cell; others have trillions.

Biologists use the process of science to study life. That raises obvious questions: What is science? What distinguishes scientific thinking from other ways of investigating nature? There are several important principles that underlie scientific investigations.

THE SCIENTIFIC METHOD

Science always begins by observing the world. Such observations inevitably lead to questions about why the world is the way it is. How can you uncover an explanation for an observed phenomenon? The **scientific method** is a rough "recipe" for discovery. a series of steps that, if followed, may help a scientist understand an observation. The scientific method is simply a way of formalizing how we usually try to solve problems.

Scientists use the scientific method as a guideline, but it need not be followed rigidly. During a particular investigation, for example, a scientist might investigate multiple hypotheses simultaneously, or perhaps fail to make a specific prediction.



DISCOVERY SCIENCE

When scientists make verifiable observations, take careful measurements, and gather data-even in the absence of a hypothesis-they are performing **discovery science**. Discovery science provides data that can be used to describe the natural world. The researcher shown here, for example, is gathering information on the insect community living in a rainforest canopy. The data gathered via discovery science can prompt questions and guide the scientific method. For example, Charles Darwin's careful descriptions of the plants and animals he observed during his journeys led to hypotheses about how organisms evolve. Both methods of investigationhypothesis-driven science and discovery scienceallow scientists to investigate the natural world.



The word "science" is derived from the Latin verb "scire," which means "to know

HYPOTHESES AND THEORIES

When discussing scientific ideas, it is important to distinguish between hypotheses and theories. Notice that a scientist uses the word "theory" differently than we tend to use it in everyday speech. In common usage, the word "theory" often means "a guess," which is not how scientists use the word.

HYPOTHESIS

The scientific method depends on the development of hypotheses. A **hypothesis** is a proposed explanation for an observation. A valid hypothesis must be testable, and the results of such tests will either support or refute the hypothesis. For example, the endosymbiotic hypothesis proposes that some cellular components (such as the chloroplast and mitochondrion visible in the cell here) were once free-living organisms that were long ago incorporated into a larger cell.



THEORY

A **theory** is much broader in scope than a hypothesis. It is much more comprehensive, it has not been shown false, and it already explains a great many observations. Theories are supported by a large and growing body of evidence. For example, the Cell Theory states that every living organism consists of cells that arose from preexisting cells. Theories can be used to devise specific hypotheses to be tested.



CONTROLLED EXPERIMENTS

To investigate a hypothesis, a scientist may choose to perform a **controlled experiment** in which a test is run multiple times with one variable changing—and, ideally, all other variables held constant. The use of a controlled experiment allows a scientist to draw conclusions about the effect of the one variable that did change. The photos shown here represent a controlled experiment on the effect of using cake flour versus all-purpose flour on the thickness of chocolate chip cookies.



This batch of cookies was baked using cake flour.



This batch of cookies was baked using allpurpose flour. Other than the kind of flour, the recipe was exactly the same. This controlled experiment supports the hypothesis that cake flour increases the height of these chocolate chip cookies.

CORE QUESTION: If you observe squirrels, come up with a tentative explanation for their behavior, and then test your idea, what method of inquiry are you performing?

CORE IDEA: Scientific investigations may be hypothesis-driven (using the scientific method) or discovery-based. Careful observations and controlled experiments allow scientists to investigate hypotheses and develop theories.

Cells, the fundamental units of life, contain DNA

The cell is the fundamental unit of life: Every living organism is composed of one or more cells, and nothing smaller is capable of performing all of the activities required for life. Some living creatures (such as microscopic bacteria) are unicellular, composed of just a single cell. Others (such as you) are composed of trillions of cells. Within each cell, one or more molecules of DNA act as the hereditary material.

TWO KINDS OF CELLS

All life on Earth is composed of one of two types of cells: prokaryotic or eukaryotic. These two types of cells have many similarities but also some fundamental differences.





DNA CAN BE MIXED AND MATCHED

Because the hereditary information of all life is written in the identical chemical language of DNA, a gene from one species may be cut and pasted into the DNA of a different species. Genetic engineers have produced many such organisms. For example, biologists have made mice (as well as fish, cats, and monkeys) that contain a glow gene from a jellyfish, and many of our food crops are genetically modified to contain genes from other organisms.



CORE IDEA: All life on Earth is composed of either small, simple prokaryotic cells, or larger, complex, organelle-containing eukaryotic cells. All cells contain genes made from the same four building blocks of DNA.

CORE QUESTION: Both eukaryotic and

prokaryotic cells contain DNA. How do they differ in terms of where the DNA is stored?

ANSWER: In eukaryotic cells, the DNA is stored within a membrane-enclosed nucleus. In prokaryotic cells, the DNA is not enclosed.